



# **TEMBACOMMUNITY DEVELOPMENT SERVICES**

**Welfare Reg. No. 009 – 986  
Tax Exemption Ref. No.: 9009/087/18/1**

## **Annual Report April 2008 – March 2009**

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**TEMBA COMMUNITY DEVELOPMENT SERVICES  
ANNUAL REPORT – APRIL 2008 – MARCH 2009**

**1. INTRODUCTION:**

This report serves as an overview on the activities and the progress made by Temba during the year April 2008 to March 2009. This was the third year into the Strategic Plan and the Organisation was working towards the consolidation of the 2006 – 2008 Strategic Plan. During the last six months, there has been a lot of growth, which is also due to the moving to the new Centre/Shelter, the Peace Summit and ‘Men’s March’ held in March 2009 to address Gender Based Violence and the implementation of the Men Circles of Support. With regard to funding, it has been a very challenging time due to Donor fatigue and the economic down-turn.

**2. OPENING BALANCES, FUNDS GRANTED & EXPENDITURE:**

Temba had signed an agreement with **Primate’s World Relief and Development Fund (PWRDF)** for the third year, 2008 – 2009, and the amount agreed upon was **35’000 Canadian Dollars** for HIV/AIDS Care and Support Services, including Home Based Care and Gender Awareness-Raising Campaigns/Workshops. The Care and Support balance which was in the Building account which was transferred during April 2008 Financial year was **R95 000.00, and the amount which was transferred from PWRDF in December 2008 according to S.A. Rands was R235 620.00.** The total grant received from PWRDF during the period of this Financial year was **R330 620.00.** During the beginning of the Financial year, April 2008, an amount of **R114 845.47** was brought forward and the total funding which was available for this Financial year is **R445 465.47.** At the end of March 2009 the total expenditure for the period is **R398 922.02, and the bank account balance at the end of March 2009 is R46 543.45.**

In 2006, Temba also signed an agreement with **Africa Groups of Sweden (AGS)** for a grant towards the general purposes of the Organisation for two years, 2006 – 2008. The amount granted for 2008 – 2009 was SEK 300 000, and Temba received the first tranche of **R249 200.00 in June 2008. The balance of R120 700 was transferred in November 2008. The total amount which was received from AGS was R369 900, which was added to an amount of R400.29, which was brought forward from March 2008 to April 2008 Financial year.** At the end of March 2009 the total expenditure from this account was **R353 530.34, and the bank balance at the end of March 2009 is R16 769.95.**

Other donations were received during this period from the following partners; **R3 500.00, from Umtata Baptist Church; R5 000.00 from O. R. Tambo Red Ribbon Award of Excellence; R7 800.00 from Mr. Bread; R59 122.00 from the Eastern Cape NGO Coalition/Premier Discretionary Fund Garden for Nutrition Programme; R35 000.00 received from PWRDF from the interest received in the Building account; R160.00 from Mr. Bikitsha; R65 452.50 from Cell C & SABC Mhlobo Wenene; Checkers R3 150.00 and another anonymous donation of R500.00.**

At the end of March 2009 the other three bank accounts had the following bank balances; **EU/Health – R3 895.41; Main Account – R17 197.57 and PWRDF Building Account R47 286.37.**

**N.B: At the end of the Financial year, Temba still owed the Building Construction Project Managers an amount of R193 210.53, and that is the reason the Building Account is still open so as to continue to raise funds and pay the balance. It is also envisaged that as Temba continues to raise funds, the second phase of the construction of the Centre will also commence.**

### **3. BACKGROUND:**

#### **a. PROBLEM STATEMENT/STATISTICS:**

In June 2007, Statistics S.A. published the report “Mortality and causes of death in S.A.”, which revealed that the annual number of registered deaths rose by a massive **87%** between 1997 and 2005. Among those aged 25 to 49 years, the rise was **169%** in the same nine year period. We could say part of the overall increase is due to population growth, however, this does not explain the rise in deaths among people aged 25 to 49 years. In 1997, this age group accounted for 30% of all deaths, but in 2005 it accounted for 42%.

It has been reported that death rate among men aged 30 – 39 more than doubled, while among women aged 25 – 34 more than quadrupled. In their report, Statistics S.A. calls such developments “**alarming**” and “**disturbing**”.

#### **b. VISION:**

Temba has a vision of a **PEACEFUL** community characterized by strong spirit of ‘Ubuntu’; free from **poverty** and related social ills.

#### **c. MISSION STATEMENT:**

The mission of the Temba Community Development Services is to empower and support Communities who are affected by **HIV/AIDS and Gender Related Injustices, mitigate the effects through Gender-sensitive Awareness Raising Workshops & Education, Circles of Support, Provision of Care and Support to Women and Girls; Men and Boys Infected and Affected by the virus and Advocating and Lobbying for policy changes and implementation.** To this end, Temba’s overriding guiding principle is gender sensitivity. The organization primarily targets the most rural areas of the East of the Eastern Cape Province, and secondary Gauteng, for purposes of national lobbying and advocacy.

#### **d. THEORIES OF CHANGE:**

## **Values, Beliefs & Principles informing all Temba Programmes:**

- Temba believes that, just like men and boys, women and girls in South Africa are valuable and deserve a chance to live a life of dignity where they can realise their aspirations and potentials.
- Temba acknowledges and is committed in addressing inequalities based on gender relations, in line with Convention on Elimination of All Forms of Discrimination Against Women (CEDAW), the Right to participate and benefit from rural developmental; the Right to access health care and family planning facilities that provide prevention and treatment of sexual transmitted diseases such as HIV/AIDS and the Right to improve the quality of their lives in a sustainable way. HIV/AIDS cannot be dealt effectively, unless the Rights of women, girls and children are at the centre of the response, such as the Bill of Rights, CEDAW, Beijing Platform of Action, etc.

In all Temba Programmes, messages do not only focus on HIV Prevention and living positively with the virus, but also on implementing programmes which will go down the root of the problem which is the **ideology of Gender**.

### **e. TARGET GROUP:**

Temba's target group consists mainly of:

- Women and girls
- Men and boys

## **4. OBJECTIVES, PROGRAMMES, PLANNED ACTIVITIES & INDICATORS:**

### **4.1 BROAD OBJECTIVES:**

- a) Conducting HIV/AIDS, Human Rights and Gender Awareness Raising Campaigns and Skills Building Workshops.
- b) Providing Care and Support to women and men, girls and boys infected and affected by HIV/AIDS, and those affected by Gender Based Violence.
- c) Mitigating HIV/AIDS impact and creating an environment that would enhance coping capabilities of women and men, girls and boys infected and affected by HIV/AIDS.

### **4.2 PROGRAMMES:**

- **Priority Area 1: Prevention:** Education through Gender-sensitive Awareness-raising Campaigns, Circles of Support and Skills Building Workshops
- **Priority Area 2: Care, Support, Treatment & Nutrition**
- **Priority Area 3: Mitigating Impact, through Circles of Support, Lobbying, Advocacy and Human Rights**

### 4.3 PLANNED ACTIVITIES AND INDICATORS

#### 4.3.1 EDUCATION THROUGH GENDER-SENSITIVE AWARENESS-RAISING WORKSHOPS & CAMPAIGNS PROGRAMME

**Goal:** To reduce the rate of new infections by half by 2011, empower with skills both infected and affected, and empower communities to work to stop violence against women and children.

**Objectives:**

1. **Conducting a monthly day's Awareness-raising Campaign targeting women and girls, boys and men from five of the KSD (Ward 9, 31, 14, 16, 17) and two of the Nyandeni (Ward 8 & 9) Municipality Wards.**

| Result Areas  | Performance Indicators  | Activities   | Output & Lessons Learnt  | Challenges & Remedies   |
|---|---|--|--|---|
| <ul style="list-style-type: none"> <li>- Awareness around Gender, being a Social Construct, Sexuality, HIV/AIDS and Gender Based Violence has been raised, which has led to putting in place of Men's Circles of Support.</li> <li>- Participants are able to discuss and realise that everyone has Rights, including women and children.</li> <li>- People are able to have discussions around gender justice and</li> </ul> | <ul style="list-style-type: none"> <li>- Number of meetings that did take place with local structures and leadership.</li> <li>- Number of Awareness-raising Campaigns in the identified areas, also as a recruitment strategy for workshops.</li> <li>- Number of Participants who get information, advice and support, (Women, Girls, Men &amp; Boys).</li> </ul> | <ul style="list-style-type: none"> <li>- Developing entry and exit strategies for the identified communities – communicate with responsible person for the ward, its size &amp; communication.</li> <li>- Convene leadership meetings for each of the identified wards e.g. ward Councillors &amp; Committees, also with schools &amp; clinics, so as to sell the idea of a partnership, agree on dates, venues, times &amp; the nature of the target</li> </ul> | <ul style="list-style-type: none"> <li>- Meetings have been held in all 7 wards, which include preparation to exit in 2 of these wards.</li> <li>- In all these Wards, Support Groups have been put in place, linked to 60% of Health Clinics.</li> <li>- In all the Campaigns Local Government Councillors and Ward Committee members are involved.</li> <li>- This enables people to communicate freely about their needs, like</li> </ul> | <ul style="list-style-type: none"> <li>- There is huge a challenge of the Political factions which are creating negative responses in some areas, as the national political tensions have filtered down to the local level.</li> <li>- Substance abuse continues to be a biggest challenge &amp; and we are continuing to include this discussion in our workshops.</li> <li>- Young People who coming from big cities very sick is still a challenge &amp; some are not</li> </ul> |

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| <p>tradition, and realise that Gender Based Violence is a crime.</p> <p>- People are able to talk about sexuality and sex, an area which has always been a taboo in the rural areas.</p> <p>- Through Councillors are part of the Campaigns, and people are able to communicate their needs directly to their representatives.</p> |  | <p>group.</p> <p>- Prepare for the Campaigns-collating materials &amp; programme, including refreshments. Facilitation of the Campaign.</p> <p>- On-site counselling, support, advice &amp; information. Recruitment for workshops.</p> <p>- Assessment of the intervention, documentation &amp; reporting, including problems facing each ward.</p> <p>- Off-site / office – based Counselling, support, advice &amp; information.</p> | <p>grants, food parcels, interim relief, wherever it is necessary &amp; registration of orphans.</p> <p>- The members of the Men’s Forum assist dialogue and discussions around Gender &amp; Human Rights and GBV.</p> <p>- The people trained through Temba are encouraged to take part in the Community Policing Forums.</p> | <p>able to survive.</p> <p>-Discrimination is still a problem, especially with rural communities trying to get serviced in rural clinics.</p> <p>-The bad service in rural clinics has been brought to the attention of the Youth league branch representatives to assist to intervene with clinic committees as this is a Right issue.</p> |
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**2. Conducting five annual centralized HIV/AIDS Awareness-raising workshops of 5 days each, targeting women and girls, men and boys as an Outreach, from the above cited wards with the aim of empowering them with:**

- a) Skills, knowledge and available resources that could enhance their protection from being infected with HIV/AIDS, Human Rights, how to live positively, ARV Treatment, Behavioural change and Care for people living with the virus.
- b) Skills, to enable Parents communicate and relate better with their children, while engaging on Relationships and Sexuality issues so as to empower both parents and their children as a prevention strategy.
- c) Skills and knowledge on Rights, Access to Services, HIV Testing (VCT) and how to reduce Poverty by forming Cooperatives.
- d) Skills and knowledge on Gender concepts and relationships between Gender, Sexuality, HIV/AIDS, Human Rights, so as to make sure that people stop violence against women and children. Also to make sure that

Rape Survivors are educated, assisted and are able to have access to places of support.

**N.B.: During this period of the 3<sup>rd</sup> year of the Strategic Plan – 2008-2009, 520 women, men and Youth were trained in five (5) Centralised Workshops, 1 every two months.**

| Result Areas   | Performance Indicators  | Activities   | Output & Lessons Learnt  | Challenges & Remedies  |
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| <ul style="list-style-type: none"> <li>- More people who attend the workshops become more confident &amp; able to go for HIV testing.</li> <li>- The statistics at Clinics are showing an increase in Voluntary Counselling and Testing, including men.</li> <li>- Participants are able to apply Positive living strategies and have skills &amp; knowledge to change their lifestyles.</li> <li>- Participants are able to talk openly about sexuality &amp; sex, which enhances their protection from being infected by HIV and other STIs. People are able to realize their rights and are in</li> </ul> | <ul style="list-style-type: none"> <li>- The number of Centralised Workshops which were planned was 5 and all of them took place.</li> <li>- Target group (women, girls, men &amp; boys) who attend the workshops, and 520 participants attended these workshops.</li> <li>- Material packs were given to each participant in the workshops.</li> <li>- Evaluation and plans of the participants were collected, and workshop reports, including videos &amp; photographs.</li> </ul> | <ul style="list-style-type: none"> <li>- Agree on workshop dates and recruit participants for the workshop, through Campaigns, radio and word-of-mouth.</li> <li>Work out each workshop logistics; venue, catering.</li> <li>- Each workshop preparation – material gathering, reading material/pack production, workshop design and programme design.</li> <li>- Facilitation of 1<sup>st</sup>, 2<sup>nd</sup>, 3<sup>rd</sup>, 4<sup>th</sup>, 5<sup>th</sup> workshop.</li> <li>- Being the Year 2 of the Strategic Plan, information on Gender concepts and relationship between</li> </ul> | <ul style="list-style-type: none"> <li>- All 4 Centralised workshops did take place, and each workshop had +-130 participants.</li> <li>- 70% of participants are the Youth, most of who are unemployed and out of school.</li> <li>- The percentage of men has increased to 30%, which has led to the formation of a Men’s Forum which meets once every week at Temba Centre.</li> <li>- There is still a lot of ignorance regarding Gender concepts &amp; we intend to work more with this forum of men in mobilising more men.</li> </ul> | <ul style="list-style-type: none"> <li>- More people are coming from the broader Eastern Cape province to attend the Centralised Workshops, which puts pressure on the budget.</li> <li>- There is still a challenge of high mobility, people moving from one area to the other makes it difficult to follow up people who have been trained.</li> <li>- Public messages have to be adapted to this understanding that Health and Rights are inextricably linked.</li> <li>- Promotion and Protection of all Human Rights is thus</li> </ul> |

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| <p>a position to get ARVs, grants for the needy and Orphans &amp; Vulnerable Children.</p> <ul style="list-style-type: none"> <li>- Poverty as such is reduced. People who attend workshops have knowledge on how to form Cooperatives and approach Municipality LED programmes.</li> <li>- Their capacity is increased to fight GBV.</li> <li>- Participants are able to get information on how to form Cooperatives, as such poverty is reduced.</li> <li>- They also know how to approach the local municipality LEDs.</li> <li>- Their capacity and knowledge is increased to fight GBV.</li> </ul> |  | <p>HIV/AIDS, poverty, gender-based violence and gender, Cooperatives, LEDs/IDPs; Day 4 &amp; 5 Counselling &amp; management of HIV/AIDS.</p> <ul style="list-style-type: none"> <li>- Awarding of certificates of attendance.</li> <li>- Assessment of the workshop, processes, facilitation, participation, content &amp; evaluation by participants.</li> <li>- Documentation &amp; reporting.</li> <li>- Re-planning for the next workshop.</li> </ul> | <ul style="list-style-type: none"> <li>- After effects of apartheid, e.g. Migrant labour, men being away from families and as a result it has lead to dysfunctional families.</li> <li>- Awareness about HIV/AIDS is continuing to increase and people are able to go for test and those people whose CD4 Count is low are put on ARV Treatment.</li> <li>- The fact that the prevalence is not going down is not about people being not aware.</li> <li>- Public messages underscore individual behaviour change &amp; the point is more social inequalities which are coming out of people's stories (both men &amp; women) and inequality itself has become a</li> </ul> | <ul style="list-style-type: none"> <li>necessary to reduce vulnerability to HIV.</li> <li>- The fact that South Africa still have only 2 regimens of drugs, leading to Multiple Drug Resistant HIV in some cases, and more side-effects in some of the present drugs which is due to Global inequalities.</li> <li>- Lobbying and advocacy has to be taken to National, Regional and International level.</li> <li>- With regard to Gender, a lot of work has to be done and the implementation of Circles of Support is the answer, so as to encourage dialogue at local level.</li> <li>- It is encouraging to see more Community Based Organisations are taking part in the Centralised</li> </ul> |
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|  |  |  | pathogenic force at the heart of which gender inequality, poverty and Human rights. | workshops, especially since most of them do not have knowledge on Gender concepts. |
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**3. Conducting follow-up Ward-based (7 wards above) workshops aiming to:**

- a) Reach out to those who did not attend the above Workshops
- b) Begin a process of setting up Community Based Support Structure (CBSS) for continuous interaction
- c) Strengthen knowledge (to assist to liberate minds) and skills acquired from the above-cited Centralised Workshops
- d) Provide on-site support, counselling and monitoring
- e) Gather and document information, experiences of women and girls; men and boys, including those who are infected and affected by the virus for lobbying and advocacy purposes.

**N.B.: 459 women and men were trained within the Ward-based Workshops, and Masihlanganeni Network for People Living with HIV/AIDS (MANEPHA).**

| <b>Result Areas</b>  | <b>Performance Indicators</b>  | <b>Activities</b>   | <b>Outputs &amp; Lessons Learnt</b>  | <b>Challenges &amp; Remedies</b>   |
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| <ul style="list-style-type: none"> <li>- Rights of women and other people living with HIV will be realised.</li> <li>- Rights to treatment from Health Centres will be realised.</li> <li>Right to play an active 'role &amp; inclusion' in Ward Committees and IDP processes of their respective municipalities.</li> <li>- People who</li> </ul> | <ul style="list-style-type: none"> <li>- Ward-based workshops in the identified wards.</li> <li>- Participants (women, girls, men and boys) involved in those workshops.</li> <li>-Material/packs which were used in these workshops.</li> <li>- Reports of these</li> </ul> | <ul style="list-style-type: none"> <li>- Same as above.</li> <li>-Reinforcement of training (3 days)</li> <li>Follow-up (M&amp;E) and support and selection of Support Group members, 60% being women representatives, including its roles and responsibilities, training dates for them, etc.</li> </ul> | <ul style="list-style-type: none"> <li>- In Nyandeni and KSD the number of Support Groups has increased to 23, with 958 members, and 350 are men.</li> <li>- Discussions around Gender Justice, Culture, Tradition and Human Rights are taking place at local level, and there are 53 men who have formed a Men's Forum who</li> </ul> | <ul style="list-style-type: none"> <li>- The problem of Immune Reconstitution Syndrome is still a problem which is sometimes leading to death for clients who are given ARVs while they are very sick and CD4 Count very low.</li> <li>- More training on treatment is needed, and done through Campaigns and</li> </ul> |

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| <p>have HIV are able to live positively and able to care and support each other having Peer Counselling skills.</p> <ul style="list-style-type: none"> <li>- Participant's ability to disclose their status, thereby assisting other.</li> <li>- Participants affording themselves space to discuss their own experiences and issues.</li> <li>- Documentation of stories. Community Support Groups will be linked to Masihlanganeni Network for PLWHA.</li> <li>- More people will be on ARVs.</li> </ul> | <p>interventions.</p> <ul style="list-style-type: none"> <li>- No of Support Groups in place &amp; how often do they meet.</li> </ul> | <ul style="list-style-type: none"> <li>- Centralised dates of CBSS (2days) – in depth knowledge on counselling, communication, conflict management, documentation, lobbying and advocacy, referrals.</li> <li>- Support Group supporting each other, strategizing for recognition of women rights.</li> <li>- On-going site support by Care and Support staff bi-weekly.</li> <li>- Documentation &amp; reporting on successes and challenges facing them, which may result on quick intervention by trainers.</li> <li>- Decentralizing of Gender-sensitive HIV/AIDS Management at community level.</li> </ul> | <p>meet weekly at Temba Centre.</p> <ul style="list-style-type: none"> <li>- A Theater / Drama Group has been formed which is led by a Temba Fieldworker to assist to put the message across about Gender Based Violence and it help to encourage discussion.</li> <li>- This has helped to encourage more men to rethink the question of relations of power.</li> <li>- A group of men is planning a 'March for Peace', which will take place during days of activism, and the Men Forum will be launched.</li> <li>- Four (4) Support Groups who were trained by Temba have grown to a level of CBOs and have registered as legal entities under NPO Act.</li> <li>- Support Group members were</li> </ul> | <p>Centralised workshops to deal with IRS.</p> <ul style="list-style-type: none"> <li>- It is still a challenge of the Health System which does not have enough trained Professionals to assist with the prevention strategy, and medication is still lacking in some local clinics.</li> <li>- Temba is lobbying the local ANC Youth League to visit the rural clinics and assist to advocate for better health facilities.</li> <li>- There are people who are coming back from big cities due to the fact that they are already sick, most of the time they come home in the late stages.</li> <li>- Also the high-mobility makes it hard to do follow-up on clients.</li> <li>- There is a need to make sure that</li> </ul> |
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|  |  |  | successfully trained on Dual Therapy PPTCT Programme. | education at ward-based level is an ongoing process, so as to assist to liberate people's minds. |
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### 4.3.2 CARE, SUPPORT, TREATMENT AND NUTRITION PROGRAMME

#### Objectives:

- a) Ensuring that women and girls, men and boys have equal access to all necessary government services, such as; relevant Treatment and Grants; access to free female condoms at all public places; and are all treated equally, with dignity and respect, for example, volunteer Home Based Caring is not made only women's responsibility but that of men, meaning that mechanisms to ensure gender balance in Support Structures/Groups and Carers is crucial.

With workshop Facilitators, Carers in their day's monthly campaigns in the wards, would prioritise inclusion of the above-cited issues, and also provide ongoing Campaigns focusing on processes and be able to articulate their rights, e.g. Right to access treatment from Health Centres within their communities; Right to play an active role and inclusion in the IDP processes and be included in the Ward Committees – a correct platform to articulate their priority needs, etc.

- b) Setting up Community Based Support Groups of women infected by HIV/AIDS with the aim of ensuring that their 'voices are heard and', they are given space to discuss their own experiences and issues affecting them as women living with the virus. These Support Groups are linked to the Masihlanganeni Network for People living with HIV or AIDS.
- c) **Provide on-going care and support to chronically and terminally ill AIDS sufferers at the Shelter, aiming to:**
  - Ensure that people get full package of Treatment, Care, Nutrition and Support so that they can live longer and healthier lives.
  - Prevent Orphan hood by making sure that parents and other Caregivers who are HIV Positive or other sickness get care, treatment, good nutrition and support.
  - Afford the dignified care and passing on (death), for example, focusing on issues of Wills including rights of women and girls to estate of the deceased, Foster-caring, etc.
  - Empower them with skills and knowledge about Nutrition and Treatment management focusing on women's and girls' needs, developments around micro biocides trials, etc.

#### Programme strategy:

**Sustainability and effectiveness of this programme depends on:**

- a) Collaborating with other Temba programmes, for example, hand-in-glove with the Awareness-raising programme, conduct Ward-based Campaigns in the 5 identified Wards of KSD and 3 of the Nyandeni Municipalities aiming to recruit participants to the five, 5 day Workshops.
- b) Ensuring that, with women and girls, men and boys from identified Wards, rights of women and girls affected and infected by the virus are upheld, by those in positions of power. E.g. Local Government Councillors and Officials, Government Departments with local offices, e.g. Education, Health, Agriculture, etc.
- c) Temba perceives itself as an interim service provider whose core business is to ensure that duty-bearers carry out their mandate therefore the programme should have a strong element of lobbying and advocacy to ensure that the government funds and takes the role of caring and supporting.

**Programme has the following components:**

- a) **A Drop In Centre has been built to provide a Shelter for the Chronically, Terminally ill clients and Abused/Abandoned clients. In September 2008 the clients were moved into the new Shelter. It is envisaged that during 2009/2010 Financial year, the Temba Centre will implement the following services; Soup Kitchen and Voluntary Counselling & Testing (VCT) Facility; Kids Club with toys (day service) and Vegetable and Herb Garden. The second phase will have a Seminar Room for In-house Training (Care; Counselling; Drama & Poetry); Library with Computers and Arts, Crafts & Sewing Room**
- b) **Community Outreach – Home Based Care/Home Visits; Setting and Supporting Circles of Support (CBSS); Awareness-raising Campaigns, emphasis being on rights of women and girls infected and affected by the virus; documenting experiences and stories of women and girls infected and affected by HIV.**

The Care and Support Programme is being done by 15 Carers, which now includes 12 Fulltime Carers in the Shelter, who also conduct outreach/home visits, while working with 3 Fieldworkers/Carers, the Coordinator, Professional Nurse, Programmes Manager and the Director.

There are five members of the Management Committee/Board who continuously volunteers their services whenever it is possible. As the five (5) Facilitators conduct Campaigns and Workshops, and Fieldwork they also refer clients to the Shelter and other Health Services.

**The number of clients who have been supported and cared for from April 2008 to March 2009 is 1 110. The monthly average of clients who benefitted during this period is 92 per month. See the Statistical Report below:**

| <b>Result Areas</b>  | <b>Performance Indicators</b>   | <b>Activities</b>  | <b>Output &amp; Lessons Learnt</b>   | <b>Challenges &amp; Remedies</b>  |
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| <p>On-going care and support to chronically ill women, girls, men and boys at their homes. These people are empowered with knowledge on treatment nutrition management, and as such will be able to recover, and be able to be put on ARV treatment. Women, girls and children are relieved from the burden of caring, through the Shelter Programme. Trauma is alleviated from Families and within Communities, and quality of life is improved as more people get help. Death rate is reduced as more people are supported and managed. There are people who have being afforded</p> | <p>Number of people (women, girls, men and boys) visited at home.</p> <p>Home Based Care Reports with kind of support and advice given.</p> | <p>Home Based Care/ Home visits by Carers.</p> <p>Counselling to the sick and to the family.</p> <p>Nutrition and treatment management, also sharing this information with the entire family, including the sick.</p> <p>Referrals and accompanying the sick person to the clinic, doctor, hospital or Temba Shelter.</p> <p>Admission and provision of sheltering and caring of the chronically and the terminally ill at the Shelter.</p> <p>Counselling and information sharing around treatment and nutrition management.</p> <p>Provision of treatment and nutritious diet.</p> | <p>Although most people are referred while they are already very sick, the recovery rate has increased to 75%. What also make this worse are people who are coming back from big cities very sick and mostly When people have recovered and able to go home, they sometimes relapse when they get there due poverty. This is the reason why we have come to realise that we do not just shelter them, but put in programmes in the new Drop In Centre to assist to 'educate' thereby liberate their minds. The second phase of the Centre will address this; See the plans</p> | <p>Transport is a big challenge to do follow up and monitoring.</p> <p>Recruiting more Carers and providing them not only with stipends, but also travelling allowances will assist, although as previously mentioned, the mobility of people, from one place to the other, could hinder this intervention. Immune Reconstitution Syndrome is becoming a big challenge with people who are being put on ARVs while their CD4 Count is down, below 50, especially for clients who were not properly treated for opportunistic infections. ARVs are not an emergency,</p> |

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| dignified deaths due to severity of their condition at the time they are brought to the Shelter. Carers are able to assist with advice on Wills, including rights of women and children to estate of the deceased, and Foster care of Orphans (OVCs). Some children are placed in places of safety, and others get Government grants on time. |  | Management of the bedridden, cleanliness of the client and offering of spiritual assistance. Assist the clients to get disability grants from Social Development. Assist during death with death certificates and bereavement counselling. Referral of Orphans and Vulnerable children to CINDI and Social Development for placement and foster caring. | above, where people will be kept busy with art, sewing, crafts, library, drama, etc. There is a need for us to increase the number of Home Based Carers, to do follow-up. | since you have to make sure that Opportunistic Infections are treated thoroughly, and nutrition management is done so that their CD 4 Count can go up a little before they get on ARVs. MDR and XDR TB has been another challenge, and as such most people who are being looked after are either treated or screened thoroughly for TB. |
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**STASTICAL REPORT:**

**Home Visits/Home Based Care Programme including Shelter:**

**April 2008 – March 2009**

| <b>Months</b>         | <b>Total</b> | <b>Female</b> | <b>Male</b> | <b>Youth</b> |
|-----------------------|--------------|---------------|-------------|--------------|
| <b>April 2008</b>     | <b>66</b>    | <b>50</b>     | <b>16</b>   | <b>54</b>    |
| <b>May 2008</b>       | <b>84</b>    | <b>52</b>     | <b>32</b>   | <b>71</b>    |
| <b>June 2008</b>      | <b>75</b>    | <b>51</b>     | <b>24</b>   | <b>63</b>    |
| <b>July 2008</b>      | <b>80</b>    | <b>56</b>     | <b>29</b>   | <b>58</b>    |
| <b>August 2008</b>    | <b>103</b>   | <b>73</b>     | <b>30</b>   | <b>72</b>    |
| <b>September 2008</b> | <b>73</b>    | <b>46</b>     | <b>22</b>   | <b>59</b>    |
| <b>October 2008</b>   | <b>81</b>    | <b>53</b>     | <b>28</b>   | <b>56</b>    |
| <b>November 2008</b>  | <b>87</b>    | <b>49</b>     | <b>38</b>   | <b>65</b>    |

|                      |              |            |            |            |
|----------------------|--------------|------------|------------|------------|
| <b>December 2008</b> | <b>92</b>    | <b>58</b>  | <b>34</b>  | <b>64</b>  |
| <b>January 2009</b>  | <b>109</b>   | <b>72</b>  | <b>37</b>  | <b>74</b>  |
| <b>February 2009</b> | <b>133</b>   | <b>78</b>  | <b>55</b>  | <b>91</b>  |
| <b>March 2009</b>    | <b>127</b>   | <b>81</b>  | <b>46</b>  | <b>88</b>  |
|                      |              |            |            |            |
| <b>TOTAL</b>         | <b>1 110</b> | <b>719</b> | <b>391</b> | <b>815</b> |

### 4.3.3 LOBBYING, ADVOCACY & HUMAN RIGHTS

**Goal: To mitigate and decrease impact, while ensuring that the rights of Women, Children and People living with HIV and/or AIDS, and are treated with respect and dignity.**

**Objectives:**

As a strategy, Temba has decided to work with similar-minded Organisations together with the ‘rights-holders’ – women and girls, men, boys infected and affected by the virus to ensure that the identified municipalities deliver on their responsibilities and obligations to enhance lives of women and girls infected and affected.

Many people are getting sick while working in big cities, and then when that happens, they are sent home to die. It has become incumbent upon Temba to lobby Big Corporates, for their involvement in these programmes and to include Outreach Education, Care and Support in their Social Responsibility Programmes.

Temba will continue to build additional International, Regional and National Partnerships and Alliances with influential Civil Society Organisations, such as Churches, Traditional, other Women’s organisations, including influential individuals with expertise in the areas identified and who might subscribe to the values of gender justice and equality.

**Implementation strategy, in order to ensure that all of the above is effective;**

- a) Work with collaborators, such as MRC, TAC, PWRDF, AGS, PHASO, RTC, ECNGOC, MANEPHA, Temba Partnership Network, etc. **Temba will also outsource work and work with some of the partners, e.g. Medical Research Council (MRC) on relevant empirical research.**
- b) **Temba National Office will be in place strategically so as to collaborate with strategic National and Regional Partners, and also lobby Big Corporates involvement, including fundraising.**
- c) **In collaboration with other Temba programmes, lobbying and advocacy programme is part and parcel of the on-going Capacity Building Programmes intended to empower women and girls infected and affected with the virus on how to articulate their rights, with specific emphasis on women’s rights and gender rights – access and control of resources, etc.**
- d) Work with men and boys in ongoing Campaigns to lobby and advocate, focusing on processes, strategies to ensure that Rights of Women, Girls, Children, including those who have HIV or AIDS are upheld, and they are

able to articulate such rights, e.g. access to treatment from Health Centers. This includes Campaigns and ‘Peace March’ on Gender Based Violence.

- e) Information gathering and documenting focusing specifically on women’s and girls’ needs and experiences is an on-going exercise done by all Temba programmes and staff.

| <b>Result Areas</b>   | <b>Performance Indicators</b>  | <b>Activities</b>   | <b>Outputs &amp; Lessons Learnt</b>  | <b>Challenges &amp; Remedies</b>   |
|---|--|---|--|--|
| <p>- Women and girls who are infected and affected are provided space to be able to articulate their needs.</p> <p>- These platforms also serve as awareness-raising of challenges facing women and girls infected and affected by HIV/AIDS.</p> <p>- The research findings done with the Collaborators will enable Temba to be well informed about research results and be in a position to communicate authentic information to communities.</p> <p>- With a national office in place, there will be more</p> | <p>- No of meetings held with Strategic, National and other Partners, and/ or Municipalities.</p> <p>- No of Campaigns and events that took place.</p> <p>- No. of radio interviews held.</p> <p>- No. of workshops attended.</p> <p>- Summit on Gender Based Violence.</p> <p>- Peace March</p> | <p>Meetings held every month with different Stakeholders.</p> <p>6 x Meetings were held for Medical Research Council (MRC) Community Advisory Board.</p> <p>Awareness – Raising Campaigns on Gender Based Violence, Rape and PEP once every month through the Unitra Community Radio.</p> <p>Summit with different Stakeholders, including House of Traditional Leaders and Council of Churches was held in March 2009.</p> | <p>- Temba attended the MRC Community Advisory Board, which met twice during this period.</p> <p>- The Health Promotion Strategy of raising awareness about Post Exposure Prophylaxis (PEP) for victims of rape is done in all Temba workshops, and the Men’s Forum is also involved in this Campaign.</p> <p>- Once every month Temba is afforded space on both community and national radio.</p> <p>- Temba is involved in Partnership meetings with TAC which</p> | <p>- Funding is a big challenge at local Government and Provincial level.</p> <p>- Conflicts among Political parties did worsen during this year and posed a challenge at the local level, and service delivery is very slow, affecting the programmes.</p> <p>- Some Councillors were recalled or fired, and we have to start new relationships with new Councillors.</p> <p>- Some national work has begun through attending meetings with TAC through the Temba Office.</p> |

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| <p>National and Regional partners to address issues with.</p> <ul style="list-style-type: none"> <li>- Rights of women and girls, men and boys who are infected and affected when it comes to treatment, grants, and all social security will be realised.</li> <li>- Gender Based Violence incidents will be more exposed, and eventually be reduced, as more men are becoming involved.</li> <li>- Partnerships with relevant stakeholders will be strengthened.</li> <li>- There will be more understanding regarding research, as Temba staff and other partners will continued to be trained and be involved in research.</li> </ul> |  | <p>A 'Men's Peace March' was held to commemorate Human Rights Day was held on the 20<sup>th</sup> March 2009.</p> <p>The Summit resolved to put in place a Temba Partnership Network which is going to meet once every two months.</p> | <p>meet monthly, and has been involved in the Xenophobia advocacy meetings which we attended four times.</p> |  |
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**5. ACTIVITIES PERFORMED AND RESULTS:**

**Awareness-Raising Campaigns, Community Meetings and Workshops and Lobbying and Advocacy during this period, April 2008 – March 2009, to implement what has been mentioned above:**

**ACTIVITIES PERFORMED & RESULTS:**

**Successes:**

- On the 1<sup>st</sup> April 2008 Temba conducted a ward-based Workshop in Mazizini Locality in ward 33. Thirty participants attended young people whose mission is to form a Support Forum for People who have different needs, including those who are both infected and affected.
- This was followed up with an Awareness-raising Campaign in Qweqwe Administrative area in the same ward on the 2<sup>nd</sup> April 2008, where 100 people attended.
- On the 4<sup>th</sup> April 2008, a Gender Justice Awareness-raising Campaign was held in Baziya location in Ward 16, through which twenty (20) young men were able to be mobilized and attend the Centralised Workshop in May 2008.
- On the 7<sup>th</sup> April 2008, Temba Facilitators conducted a Counselling Workshop for a CBO, Community Reach Home Based Carers in Lindile Location.
- While these programmes were taking place, from the 6<sup>th</sup> to the 11<sup>th</sup> April 2008, Lulu and Mike were attending a workshop on Gender Justice and Human Rights in Darasalem in Tanzania for a week, which was sponsored by Primates World Relief and Development Fund.
- This is where experiences were shared between Partners from East African and Southern African countries, which will assist to come up with a training that will assist to bridge the gap, with regard to conducting training which will clearly link Gender Justice, Human Rights and HIV & AIDS.
- On the 8<sup>th</sup> April 2008, the Temba Coordinator attended a Community Policing on Conflict Resolution and they were also capacitated in fighting Gender Based Violence. It was an opportunity for Temba Coordinator and Carers to raise awareness on many Rape Cases which are currently being referred to Temba for 'Victim Support'.
- From the 12<sup>th</sup> to the 16<sup>th</sup> May 2008, Temba conducted a Centralised Workshop linking Gender Justice, HIV/AIDS, Human Rights and Poverty, which was attended by 115 participants. Included in this number there were two Community Based Organisation, Siyancedana and Sinoyolo, who came to be capacitated so that they do not only concentrate on HIV/AIDS, but shift from Care and Support and include understanding Gender as a Social Construct, and be able to do effective behaviour change.
- Both on the 10<sup>th</sup> and 17<sup>th</sup> May 2008, Temba conducted Workshops for the O. R. Tambo ANC Youth League on Gender and Human Rights. This was an opportunity to lobby them as they are leaders at local level within their wards to be involved in addressing Human Rights within their own localities. Fifty six participants attended these workshops, and a follow up workshop will be done in October 2008.
- On the 28<sup>th</sup> May 2008 a Gender Justice Workshop was held at Lutoli Administrative area, which was followed up by another Campaign held on the

30<sup>th</sup> May 2008 in Tshemese on Gender Based Violence, HIV/AIDS and Carer Support. The Campaigns proved to be a form of support to the Home Based Carers who are based at local Clinics, and Carers from local clinics were represented.

- These Campaigns were linked to the Candlelight Ceremonies, as May is a Candlelight month.
- On the 11<sup>th</sup> June 2008, another Community Policing Forum Capacity Building Workshop was held, where this social menace of Domestic Violence was being addressed. During the previous week, the Temba Coordinator, Primrose, had identified a woman in Ncambedlana who had been murdered by her husband, and had assisted the children of the deceased woman. This encouraged her to form a Support Group for the victims of Gender Based Violence.
- On the 16<sup>th</sup> June 2008 an Awareness-raising Campaign was held at St. Bernard's Anglican Church in Ncambedlana which aimed at raising awareness regarding Orphans and Vulnerable Children, including those who live in Child-headed households. One hundred (140) Orphans and Vulnerable children attended, and about fifty (50) some Foster Parents who assist to give support to these children.
- On the 30<sup>th</sup> June 2009, the Director of Temba together with the Programmes Manager who had drafted Policies, and Job Descriptions and Conditions of Service for the staff and volunteers, presented them to the Board, and they were adopted by the Board.
- From the 17<sup>th</sup> to the 19<sup>th</sup> June 2008 a two-day Ward-based Workshop on Gender Injustices Awareness-raising was held in Ward 16, where men were mobilized to be part of the Men Forum, and 56 participants had attended.
- From the 21<sup>st</sup> to the 25<sup>th</sup> July 2008 a Centralised Workshop was held for one hundred and thirty two (132) participants. Among the participants who attended this workshop, there were two Community Based Organisation members, Sichel'usizo Development Trust and Yizani Sokhe, who currently each have about forty members. These are the people who are already doing Home Based Care, but need skills to link HIV/AIDS to Gender, Human Rights and Poverty. The members also needed an Organisation they can refer their clients to, which started to happen after this workshop. Some of the men who are members in these CBOs have joined the Temba Men Forum so as to change mindsets of other men regarding Gender and injustices.
- From the 5<sup>th</sup> to the 8<sup>th</sup> August 2008, Lulu attended an Assessor's Course in Johannesburg. This has enabled Temba's Training Workshop to be in line with the requirements of National Qualification Framework, while Temba is still working on being accredited as an Organisation. Although Temba is not accredited yet, while conducting workshops the learning outcomes are clear, so as to enable the learners to know what they can be assessed on.
- On the 8<sup>th</sup> August 2008, a Women's Day event took place in Lukhanyisweni, in ward 11, where awareness-raising was done on Gender Justice, HIV/AIDS and Human Rights.

- The Temba Creative Theatre Group performed a drama on Gender Based Violence and Children's Rights, which encouraged further debates and input from the Community. Touched by the message in the play, some members of the community revealed what is currently happening in their area, more especially regarding use of drugs and alcohol abuse by the youth. Drug and substance abuse are a big problem in this area which led to one young man who committed bestiality, who was reported to the South African Police Services. Drug use also leads to more crime. One young man who had previously been involved in criminal activities, like robbery and drinking excessively told the Community members at the Campaign that he was seventeen years old when he started committing these activities, and now he is a changed man, having joined the Men's Forum, and encouraged other young people that crime does not pay. He is prepared to continue to do public disclosures to help change the mindsets of 'would-be criminals'.
- On the 28<sup>th</sup> August 2008, Primrose represented Temba at a POPCRU event, with a slogan called, 'Kindness is the Golden Chain, by which Society is bound together'. Lulu was supposed to be a Guest Speaker, and Primrose was able to articulate well what Temba stand for.
- On the 29<sup>th</sup> August 2009, Temba was part of the 'War on Poverty Campaign', which was conducted by O. R. Tambo District Municipality, and Primrose was Temba's representative. This was a door to door process, targeting the most deprived, and the outcome of this event was that Temba also got involved in the Nutrition Home Garden Programme, which would be launched in the Maydene Farm area before the end of the year.
- On the 3<sup>rd</sup> September 2008, Primrose represented Temba at a Nelson Mandela Community Conversations event, where she was elected as one of the members of the Action Committee, together with some members of Ngangelizwe students and other community members. Mr. Maphongwana, from K.S.D. Health was chosen as the Convener of the group.
- From the 15<sup>th</sup> to the 19<sup>th</sup> September 2008 a Centralised Workshop was held in All Saints Hall and one hundred and forty five (145) participants attended. The Community Based Organisations who attended were; Great Commission Divine Project, Community Reach, Zingisa, Yizani Sokhe, five students from Walter Sisulu University and eight students from UNISA, community members and staff from Correctional Services, including their Social Worker. Most people were concerned in this workshop about Circumcision, Polygamy, Gender Based Violence and the current political status in South Africa, which is a threat to democracy. It was encouraging to notice that participants were able to analyse and include global issues which they felt are exacerbating the problem of HIV/AIDS.
- On the 21<sup>st</sup> September 2009, Temba Coordinator and Fieldworker attended a partnership meeting with O. R. Tambo District Municipality and other Stakeholders, where the preparations for the World Aids Day were discussed for 1<sup>st</sup> December 2008. It was agreed at this meeting to conduct a door-to-door

Campaign in Tabankulu, due to the number of Orphans and Vulnerable Children who had been identified in that area.

- On the 8<sup>th</sup> October 2008 Men's Forum meeting was held, which was attended by thirteen men, who held discussion on the following issues; Problems of Circumcision, the behaviour of some young people and the language they use, including drug use. They all resolved to go out and mobilise other men. They also resolved to approach Traditional Leaders, where it will be proposed to put in place Committees within the Communities to address Gender issues, including Circumcision and other issues affecting men. It was also agreed to include the media.
- On the 17<sup>th</sup> October 2008 another Men Forum meeting was held at the Shelter, and it was resolved to engage other men and to listen to their responses regarding gender. To be able to put some strategies in place, more men will be engaged so as to find out problems men are facing and their thinking.
- Another Men Forum meeting was held on the 21<sup>st</sup> October 2008, where reports from engaging different men in different situations were discussed. It was reported that some men are basing their arguments with regard to being stereotypes on religion. Some are still rigid believing the norms that the way they were brought up defines who they are. There are some men who are blaming democracy for bringing gender equality.

**N.B.: Due to these challenges, it was agreed to form a Committee and Sdumo was elected as a Convener; Zolani Nkomeni as a Secretary and Nyusani as a PRO. It was agreed to mobilise more men, although the challenge is transport in other areas. It was also agreed to do a Skills Audit, so as to check how to capacitate and develop the skills of the men involved in the forum. The qualifications which these men have will also be looked at. It was agreed that although this is not a Project, the men involved in the Forum will be empowered, so that they will not be frustrated about the fact that they are not able to contribute in their families' income. Temba together with Partners is going to plan about what programmes can be put in place to empower men.**

**The Men Forum will continue to work with the media to lobby other men.**

- On the 24<sup>th</sup> October 2008, a Campaign was held in Qelane on Gender Justice, HIV/AIDS and Substance Abuse at the Headman's palace, and eighty (80) people attended. Nyusani spoke on behalf of the Men's Circle of Support. After the 'One Man Play', and presentation by Nyusani, the Youth were encouraged to respect their parents and other elderly people, and not mistreat them. The play encouraged a very much needed discussion and community leaders were involved. In this community there is a lot of stigma, where sick people were being locked inside their homes and not getting help. The Community members were encouraged to assist each other and refer to Temba.
- On the 25<sup>th</sup> October 2008, a Workshop was held for A.N.C. Branch Leaders in Port St. Johns on Gender as a Social Construct and links with HIV/AIDS, Social Inequalities, Poverty and Human Rights.

- The Temba Drama Group performed a play which focused on Cultural Stereotypes, Parenting and Gender Based Violence. The response was so positive from participants, and the way they articulated the drama showed that the participants understood the message and the impact of culture and Gender in escalating Women vulnerability to HIV/AIDS. Two Campaigns were then planned for different communities, as a way of entering those Communities, and One Man Campaign was adopted as a strategy to implement. Some leaders felt that they still need Temba. It was agreed that although 'Awareness' is there, the actual implementation of programmes needs further assistance from Temba. It also became clear that the children are the most victims of Gender Based Violence, which is why UNICEF is involved in the strategies.

Some men felt that although they are aware, the courage of their conviction is not there yet, which is why a Summit on Gender is needed.

- On the 28<sup>th</sup> October 2008, a Men Circles of Support meeting was held, where it was agreed to draw a programme of action to mobilise more men and other people. It was agreed that there is a need to network with relevant Stakeholders; Traditional and Church Leaders; Youth; Education; Correctional Services and others. Correctional Services was identified as the key Stakeholders because most perpetrators or ex-prisoners are men and they need rehabilitation and re-integration, so that they can be accepted in their homes and get support, and not continue the destruction. It was agreed to identify the ex-offenders who can work Men Circles of Support who have changed.
- Temba five-day Centralised Workshop was held from the 3<sup>rd</sup> to the 7<sup>th</sup> November 2008. One hundred and twenty people (120) attended, and most of those who participated had not been trained before, 80% being young people. Thirty (30%) percent were men, and there was good participation from them, some being Political Leaders. A Taxi Cooperative was able to share how they started it, and encouraged the participants to work with other people. A priest and some Psychology students from Walter Sisulu University were able to assist with counselling. The feedback which was received from Mr. Ndzendze (ANC Branch Leader) was that after the workshop he managed to avert the murder of a woman and children and suicide of that man. Due to the skills he received at the workshop, he was requested to intervene, where he engaged that man and negotiated with him, while he also assisted him to get counselling.
- On the 13<sup>th</sup> November 2008 a door-to-door visit and Campaign was held in Tabankulu with various Stakeholders, and only Temba was able to represent the Organisations. The O.R.Tambo District Municipality HIV/AIDS Coordinator, M/s Xozwa, was the Executive Mayor's Representative, and Communities were encouraged to be involved in Income Generating Activities. Further activities for the World AIDS Day were planned together on that day.

- On the 14<sup>th</sup> November 2008 Temba, in partnership with Great Commission Community Based Organisation conducted a Campaign in Kaplan Location. The Temba Fieldworker did a One Man Play on Orphans and Vulnerable Children (OVC), to conscientized communities on Care and Support, and elimination of crime. The focus was on Children's Rights and care and support of Street Children. This was also done to eliminate abuse of Foster Care Grants, where parents are using money for OVC for their own use.
- On the 1<sup>st</sup> December 2008, International World AIDS Day 2008, Temba conducted and was part of the following activities:
  - a) Woolworths World AIDS Day event in Circus Triangle (Mall) - where we were accompanied by four (4) PLWHA who were recovering at Temba Shelter, who disclosed their statuses and encouraged other people to seek help on time and inform other people about the help that Temba provides. After the Temba Director had given the World Aids Day address, she encouraged every one to sign a pledge, to Stop Aids and to assist other people. A notice board was put in place and each person was able to put a handprint, and signed next to it. The Temba brochures and business cards were also put on the board. More people were able to come out and seek help, others referring their loved ones.
  - b) A Candlelight Memorial was done at Temba Shelter, which was attended by the sick people, Volunteers and surrounding communities. This was an opportunity for the Clients to celebrate the fact that they have been given a second chance to live, and also to remember those people who have passed on.
  - c) The Temba Director then went for a UCR Radio interview, where she was requested to give a World Aids Day Address. The interview was at 14h00 and it was a 10 minute interview, and she also gave her mobile phone number. By 15h00, ten (10) people had called/phoned, and disclosed their status, seeking help. This showed that the Radio has become a powerful tool and it has got to be used more often.
  - d) A Candlelight Memorial World Aids event was also held on the same day in Maydene Farm in Partnership with Sakhuluntu as an outreach in a tent. Sdumo did a presentation on Gender Justice and HIV, and also introduced the concept of the Men's Circle of Support. The Temba Theater Group also performed a drama on Care, Support, GBV, and the focus was more on Orphan Support, and the fact that they should not be treated differently from the Foster parents' children, but be treated as their own. This opened a huge discussion, while other people were crying, and a lot of concerns were raised on how these children are being treated by the extended families, leading to crime, drug abuse, and drop-out from schools.
- On the 3<sup>rd</sup> December 2008, the Temba Drama Group performed a street theatre at Circus Triangle Mall, and the focus was on 16 Days of Activism, addressing Human Rights, Sexual Abuse, Substance Abuse, HIV/AIDS, Voluntary Counselling and Testing (VCT), and Positive living. This approach is not very easy, as the Group is working with a Moving Audience, who ended up being engaged and being stationary for an hour. They ended up not having space to move.

Some observations were that some people were not accepting their HIV Positive Status, and end up using Traditional Medicine. There is more need for messages of Positive living and VCT.

**Street Theatre as Awareness-raising Programme:** It was agreed that this method is going to be used more often as it encourages more debates, dialogue and discussions. Temba will be taking more bookings for the Drama Group, and Posters will have to be made, printed, as a way of Information Education and Communication (IEC).

- On the 3<sup>rd</sup> December 2008 some of the Temba Carers and the Coordinator attended a Workshop on Human Rights which was conducted by South African Police Services. This enabled our Organisation to have better working relations with SAPS, and be able to address injustices as partners.
- The O. R. Tambo District Municipality World Aids Day was held on the 6<sup>th</sup> December 2008 in Tabankulu, and Temba was one of the NGOs which participated and the event was a success, especially since it was taken to where needy people are.
- On the 11<sup>th</sup> December 2008, a Christmas Lunch was done at the Temba Centre for the sick people, and it was also an opportunity to meet the surrounding community of Maydene Farm and to launch the Kids Club Outreach. Two hundred (200) women, men and children attended, and fifty (50) blankets were given to the needy as Christmas gifts, and eighty (80) children were given Christmas sweets. This was done as a way of Temba embracing the local community and it was agreed that a pledge will be signed, that 'No one within the community of Maydene Farm will be sick without being supported and cared for'.
- From the 6<sup>th</sup> to the 10<sup>th</sup> December 2008, Temba Fieldworkers, in partnership with a Wellness Group, conducted Outreach Campaigns and door-to-door in Coffee Bay, Mqanduli. The following challenges and successes were experienced:

**Challenges within this Community:**

- a) Discrimination
- b) Non-acceptance of status, some people preferring rather to die than go to the nearby clinic.
- c) There are no Support Groups in the surrounding communities
- d) There are no Home Based Carers, and as such no Home visits are done in this area, and people have minimum or no education.
- e) Youth are facing challenges, and turn to using alcohol and drugs; there are lot of school drop outs; School fees problem due to poverty; Teenage Pregnancies; Prostitution since Coffee Bay is a Tourist point of attraction; Limited and no condom use; Children from the age of 13 years (boys and girls) drink alcohol and frequent Taverns.

- f) Orphans and Vulnerable Children are not able to source benefits/grants.

**What was successful?**

- a) Drama was acted at the Tavern, which encouraged a lot of discussion
- b) People were encouraged to go for VCT, but problems at the clinic and factions within the community work against that.
- c) One Support Group in Maphuzi area is in place, and half of the people are men
- d) There is less rape within this community

**Note Well: It was resolved that a Ward-based Workshop will be held from the 10<sup>th</sup> to the 12<sup>th</sup> March 2008, to assist people with skills who are going to form the Support Groups and conduct Home Based Care visits.**

**N.B.: From the 16<sup>th</sup> – 24<sup>th</sup> December 2008, some of the Youth members of Baptist Church were involved in wrapping of Christmas Gifts at Checkers, so as to talk to community members and also raise funds for the Temba Shelter. There was a lot of education and sharing which took place, and an amount of R3 141.45 was collected for the Shelter. We appreciate the fact that Checkers provided the platform and resources for this outreach, while the Youth of Umtata Baptist Church volunteered their time to be part of this good cause.**

**January – March 2009:**

- On the 9<sup>th</sup> January 2009, Temba invited other Stakeholders who were part of an event where SABC Mhlobo Wenene Radio and Cell C. representatives came to give an award and a donation to Temba out of the proceeds of the Cell C. Gospel Concert which was held on the 29<sup>th</sup> November 2008. Two Organisations were nominated to receive proceeds out of the event, which were S.O.S. Children's Village and Temba. The local Government Councillor Mlandu, and people from the surrounding communities were part of the event, and Councillor Mlandu confirmed that he will propose to the Mayoral Committee that Temba get allocated the land below the Centre according to our request.
- On the 14<sup>th</sup> January 2009 an Awareness-raising Campaign on HIV/AIDS in Ngqwala, in Tsolo. This was done in partnership with Women Support Centre and the Men Circles of Support, where Sdumo performed a drama on Gender Based Violence, and made a presentation on the formation of the Men Circles of Support.
- On the 27<sup>th</sup> January 2009, Mrs. Maconachie, who is a Professional Nurse started to assist Temba by doing Voluntary Counselling and Testing of the clients who had been admitted without having tested for HIV. She was also able to bring with her a Physiotherapist who is originally from U.S.A. and is doing volunteer work at Etipini, who is able to assist the clients who need physiotherapy at the Shelter.

- On the 27<sup>th</sup> January 2009, Primrose and other Carers accompanied 8 people, five women and three men to Dept. of Social Development and a Doctor, where they were able to go through the process of accessing grants. After they had been seen by the doctor, their records were taken to SASSA for registration as grant-beneficiaries. On the 24<sup>th</sup> February 2009 the clients were again accompanied to SASSA for follow-up and were promised that the clients will get their grants in April 2009.

From the 2<sup>nd</sup> to the 6<sup>th</sup> February 2009 a Centralised Workshop was held, which was attended by one hundred and ten people (110). The Workshop content was on Sexuality, Understanding Gender as a Social Construct, Gender Based Violence, One Man Campaign, HIV/AIDS, ARV and TB Treatment, Spiritual and Psychological Counselling, Home Based Care and Nutrition, and Orphan Care and Support.

Temba has contracted more Facilitators, including one, Afika, who has been working at the hospital, who conducts training on TB Treatment. At the end of the session she did one-on-one with participants who were having problems with using the T. B. Treatment, and some had even stopped before the course was finished. Afika had to put some of them back to treatment, and continues to give support even after the Workshop. It was at this workshop where more men decided to join the Men Circles of Support.

- On the 11<sup>th</sup> February 2009 a Workshop was held at Ezinkumbini Junior Secondary School in Ward 3 in Libode. The Workshop was on HIV/AIDS, Teenage Pregnancy, Drug and Alcohol Abuse, Crime and Performing Art. The first two hours Sdumo and Sindy facilitated a session on the basics of Performing Art, for example: Auditions; Preparations through meditation for the performance; Down Stage - How to start performance as a Character and Centre-stage Utilization. This was followed by questions and then brainstorming of the impact of crime and substance abuse from Peer pressure. It was agreed by the students that due to peer pressure a lot of young girls become vulnerable to teenage pregnancy.

The students then did rehearsals and started to perform from the lessons they had learnt from the discussions.

- On the 12<sup>th</sup> February 2009, the Temba Shelter was visited by a Journalist from France who made a short documentary about the way clients are cared for at the Shelter. It happened that one of the clients passed away on that day and she accompanied the following Carers; Pumla, Vuyokazi and Balisa, who attended the funeral, where she was able to take pictures.
- The family of the bereaved was very grateful with the care and support they had received, which include the support during the funeral, which was all covered by the Journalist. She took the names of the grandmother who has been left with the five children of the lady, Madlamini, and promised to also try and get support for the family. Pumla has been tasked to assist the family to register the children for the Foster Care Grant.

- On the 16<sup>th</sup> February 2009, Rev. Macozoma visited the Temba Shelter and offered to give spiritual support to the clients and the Carers, and he offered to conduct prayers every month.
- On the 17<sup>th</sup> February 2009 an Awareness-raising Campaign in a form of 'Imbizo' was held at Magcakini at Chief Bangani's homestead, where the following four locations had converged; Mamfengwini, Magcakini, Lutshini and Mdlankomo. The Awareness-raising was on Gender Justice, Human Rights and HIV/AIDS. The men in the area were mobilized to join the Men Circles of Support and to participate at the Summit which was to be held in March 2009.
- On the 24<sup>th</sup> February 2009 another half-day Workshop was held at Maxhaka Junior Secondary School, where Sdumo, Sindy and Afika performed a Drama, and conducted the Workshop on Teenage Pregnancy, HIV/AIDS, Drug and Alcohol Abuse, Crime and Performing Art.

There were disclosures from Sdumo, Sindy and Afika about the negative things they went through when they were growing up, and motivated the students not to succumb to Peer Pressure and rather to get their priorities right and focus on their studies. Those students who have not started to use drugs were encouraged to continue with their positive lifestyles and those who have already started, to change their lifestyles. The outcomes of this workshop were that the teachers were able to attend the Temba Summit.

- On the 25<sup>th</sup> February 2009 a meeting of the Men Circles of Support was held where the Summit arrangements were discussed, and how to publicize it through radio. Plans were made to campaign and strengthen the structures at local level.
- On the 2<sup>nd</sup> March 2009 an Awareness-raising Campaign was held Ngweni location, in Ward 28 in KSD Local Municipality. The Campaign was organized by Mr. Ndzendze of the Men Circles of Support where he had arranged the Campaign with the Local Councillor who was presenting a Delivery Report. The communities who were there the following; ANC Youth League, ANC Women's League, Ward Committees, and from Ngweni and Sakhela localities.

The focus of the Campaign was to mobilize people for the Gender Summit, and the formation of Community Partnership Forums.

The outcome of the Campaign was that the Community would put in place two Community Partnership Forums since the area is vast.

- On the same day, 2<sup>nd</sup> March 2009, another Campaign was held in the afternoon at Chanti location at the Great Place. Eighty percent of people who attend were men who were sensitized about the dangers of Gender Based Violence.

- On the 7<sup>th</sup> March 2009 a meeting was held at Mzomtsha Community Based Organisation for institutions looking after children in need. Sdumo, Temba Fieldworker, was elected to be the member of the Committee, NACCY. Sdumo performed a One-man play and also motivated people who were present.
- On the 8<sup>th</sup> March 2009, Mzantsi Youth Programme held a Youth event at S.O.S. and the focus was on motivating children under 21 years to explore their talents. The following are the examples of the performances which took place: Gum Boots Dancing, Poetry, Miming, Drama and Traditional Dancing. There were seventy seven people, and sixty percent of people who attended were females and forty percent males, who came from the following villages; Waterfall, Tyumbu and Qokolweni. At the end of the programme Sdumo gave a motivational speech.

It was decided to put in place a festival during the Youth month in June.

- On the 13<sup>th</sup> March 2009 the Men Circles of Support held a meeting where they discussed readiness for the Gender Summit. It was reported at the meeting that there is still a lot of resistance and denial with some men. Some men want to be part of the Circle of Support so that they can get employed.

The following men took an oath to make sure that the programme continues: Sdumo, Xolile Sigaji, Sinovuyo, Mr. Nyusani and Mr. Ndzendze. It was agreed to elect people who will be in charge of the commissions, as follows:

#### **Gender Summit Commissions:**

|   |   |                 |
|---|---|-----------------|
| <b>Parents Responsibilities &amp; Socialisation</b> | - | <b>Sigaji</b>   |
| <b>Circumcision and Manhood</b>                     | - | <b>Nyusani</b>  |
| <b>Culture &amp; Gender Roles</b>                   | - | <b>Sdumo</b>    |
| <b>Human Rights</b>                                 | - | <b>Ndzendze</b> |

- It was agreed to use the radio to sensitize and lobby more people, and Lulu and Sdumo were part of two radio programmes. The first one was held on the 16<sup>th</sup> March and the second one was held on the 18<sup>th</sup> March 2009.
- On the 18<sup>th</sup> March 2009 Temba (Lulu and Sdumo) were part of a discussion group with different institutions at the Unitra Community Radio, and the following people were participating: Mr. Cwati, from KSD LSA Health, who gave the following statistics of the deaths of young men undergoing circumcision:

2005 – 6 young men died; 2006 – 3; 2007 – 5; 2008 – 6, and the total number of young men who died during the passage to manhood were 20.

He reported that due to a lot of deaths which have also been happening in the past the Government has put in place Act. No. 6 of 2001, the Promotion of Health Standards in Traditional Circumcision, and a designated Medical Officer was employed and given transport to visit the Circumcision Schools.

Awareness-raising Campaigns in schools and Traditional leaders, and Traditional Surgeons and Nurses are being trained.

Due to the fact that there is a problem of negative behaviour changes when some young men come back from the Circumcision Schools, Dr. Mbuyiselo Madiba from the Nelson Mandela Hospital Complex, mentioned the fact that the way children are being brought up by their parents, norms and values, becomes a problem when they get on this passage to manhood. It was agreed that parents and Traditional leaders should be more involved in these practices.

**N.B: In the beginning some men were questioning the involvement of Lulu in the discussion, since the discussion was more on male issues. It was then that Lulu mentioned that she is the voice of women in the discussion and the men represented there agreed that the contribution from her was really an eye-opener and very much needed.**

- **From the 19<sup>th</sup> to the 20<sup>th</sup> March 2009, Temba held a Gender Summit, which was a great success and was attended by the following Organisations: House of Traditional Leaders; Council of Churches; Medical Research Council, who came to present Rape Research Findings; Government Departments, including Social Development and Correctional Services; NGOs and CBOs; and other Stakeholders.**
- The purpose of the Summit was to interrogate Gender Injustices from all levels and to find strategies to address these social ills, and give support to the Temba Men Circles of Support which have just been formed. It was agreed by all Partners to form a Partnership Forum with Temba, which would meet once in every two months. This Forum will meet to share both successes and challenges, and find ways to lobby and advocate to address issues of common concern.

**As a way of commemorating Human Rights Day, which is held on the 21<sup>st</sup> March each year, the Men Circle of Support, together with other Stakeholders who were present marched to the Department of Justice, to bring to the forefront the fact that Men have heard enough of the injustices which are being suffered by women and children, and are now taking a stand.**

**N.B.: The Summit Report and Recommendations are attached to this Annual Report.**

#### **Specific Outcomes of the Summit:**

- **Revival of Circumcision Values**
- **Behaviour Change and Attitudes of Men towards Women specifically and Human Beings in general**

- **Restoration of Humanity among society where men and boys will treat women and girls as mothers and sisters, and not as sex objects or victims.**
- **Good understanding of Roles of being a husband and wife in marriage**
- **Make healthy relationships where discussions and negotiations will be appreciated**
- **Understanding of the effects of substance abuse in our society.**

**N.B.: These outcomes are going to be continuously discussed and be part of the Temba Partnership Forum, and it is anticipated that Community Partnership Forum will be formed at local level, which will give support to the Circles of Support.**

## **GARDENS FOR NUTRITION PROGRAMME:**

### **BACKGROUND:**

Temba signed a contract with Eastern Cape NGO Coalition in November 2008, and received an amount of R59 122.00 from the Premier Discretionary Fund on the 3<sup>rd</sup> December 2008.

On the 11<sup>th</sup> December 2008, the Soup Kitchen was launched with a Christmas Lunch at the Temba Centre, and it was also an effort of reaching out to the Kids who are destitute in the surrounding communities. Two hundred women, men and children attended, and fifty blankets were given to the needy as Christmas gifts, and eighty children were given sweets. It was then agreed with some Community Leaders, Ward Committee members, that some of the destitute and sick people will continuously be part of the Soup Kitchen, and join those people who have been admitted at the Centre during Soup kitchen days.

The Soup Kitchen was planned for two days a week, although the number continuously increases, and some of the people who come and participate, end up being admitted in the Centre/Shelter due to their condition and conditions at home.

This programme links well with the following Millennium Goals:

- MDG no. 1: To eradicate extreme poverty and hunger
- MDG no. 4: Reduce child mortality
- MDG no. 5: Improve maternal Health
- MDG no. 6: Combat HIV/AIDS, Malaria and other Diseases

### **Garden for Nutrition:**

On the 16<sup>th</sup> December 2008, at a meeting held at Temba Centre, the Garden for Nutrition Programme was launched, and the first members of the Gardening Group were identified by the Community. The members of the project were introduced to the Temba Demonstration Garden, which was started in September 2008, and it already had fresh vegetables.

The Programmes Manager, Mike Sodaba, conducted a training sessions, and it was resolved to buy Potatoe and Beetroot Seeds. The thirty Representatives of Household Gardens started to plant those seeds in their gardens immediately.

The members of the Households appeared to be enthusiastic about gardens and that is evidenced by their attendance of meetings. They have resolved to attend monthly meetings as we plan to plant all the year, at least once a month.

On 17<sup>th</sup> January 2009 the Group met and the December drought was highlighted as one of the causes for potential crop failure. This was noted by all the members and the advice was that we should plant crops which thrive even during drought conditions, like spinach and carrots.

On the 14<sup>th</sup> February 2009 a meeting of the Garden for Nutrition Group was held at the Temba Centre, and 26 members, out of thirty people attended. This was followed by a 'Tour' of the gardens which was conducted by all the members, and the first visit was at the Demonstration Garden, at Temba Centre. The newly planted vegetables were still at a tender stage, although the Garden had already produced some vegetables which were used for the sick people at the Centre. It was explained that the concept of small plots, which were designed for easy working around them without walking on the planting area. This also helps to control the weeds, and to rotate plants. The use of Organic fertilizer, which is Compost and/or Grommor, was encouraged, and this was emphasized so that we could all ensure environmental sustainability.

The three other gardens were visited at nos. 14802, 14801 and 14956. The residents appreciated the good work done by the Gardeners, and the members of the Garden Group, including children participated in the Soup Kitchen lunch.

On the 7<sup>th</sup> March 2009 another meeting was held, and onions and peas seeds were distributed to the Household Gardeners. It was also noted that the majority of the Gardeners are not able to handle fine seeds as against seedlings which are easy to transplant. This meeting was attended by thirty five people and nineteen children, who were served tea and lunch from the Soup Kitchen Programme. It was suggested that the Dept. of Agriculture should be part of the meetings, and Mrs. Mbixane who is a Dept. of Agriculture Officer and currently working with Temba will assist the Group. The next meeting will be on the 4<sup>th</sup> April 2009, and it was agreed that the group will be assisted to plant cabbages and carrots.

This activity also links with the following MDGs:

- MDG No. 1 – To eradicate extreme poverty and hunger
- MDG No. 3 – Promote Gender Equality and empower Women
- MDG No. 4 – Reduce Child mortality
- MDG No. 5 – Improve maternal health
- MDG No. 6 – Combat HIV/AIDS, Malaria and other Diseases
- MDG No. 7 – Ensure environmental sustainability

### **Summary:**

- During the past year, April 2008 – March 2009, Temba was able to conduct 5 Centralised Workshops, through which a Men’s Forum of fifty (50) men has been formed. This forum was supposed to be launched during the Days of Activism/ World AIDS Day, and will be used to mobilise and encourage other men to join. Due to many activities which happened on that day, and pressures which are still being faced by men, it was agreed that a two-day Summit on Gender and Human Rights should be held from the 19<sup>th</sup> to the 20<sup>th</sup> March 2009. This was followed by a Human Rights March which will be done at the end of the Summit, and will be linked to the Human Rights Day, which is usually held on the 21<sup>st</sup> March, each year. The March for Peace, will take place also to address crime and injustices which are being done on women and children.
  
- Out of the five Centralised Workshops and five Ward-based workshops +- 1’300 people were trained and 80% of these people are the youth. The main learning outcomes were the following:
  - To demonstrate knowledge and understanding of the principles, concepts and theories of Gender Equality and Women’s empowerment. This will enable them to communicate effectively using a range of strategies to identify and deal with gender inequalities.
  - To educate and work closely with the community with regard to sexually transmitted infections (STIs) including Human Immune Virus/Acquired Immune Deficiency Syndrome (HIV/AIDS). This will increase community awareness and knowledge of STIs and HIV/AIDS in order to assist community members to make more informed decisions about their lives, and promote Community discussion of the Rights of HIV Positive people.
  - To conduct basic lay counselling in a structured environment, functions of a lay counsellor, and to understand the requirements and apply the principles of lay counselling. Also to assist them to identify and apply strategies to deal with risk behaviour to promote psychological health and wellness.
  - To develop and implement a client ARV Treatment Plan
  - To use nutritional principles to advise participants on how to optimize health and enhance performance
  - To assess the client’s situation and assist and support both client and family to manage home based health care.
  
- Temba has been instrumental through its training programme in assisting to put in place four Community Based Organisations.
- The following CBOs started as Support Groups, and have now been registered as NPO Welfare Organisations;
  - **Yizani Sokhe – in Ncise** - **KSD**
  - **Zingisa Rehabilitation Centre** - **KSD**
  - **Sicel’usizo Home Based Care** - **KSD**
  - **Great Commission Divine Project** - **KSD**

- Within the wards Temba is currently involved, Temba Fieldworkers continue to sensitize Communities and their Leaders about the involvement of women in leadership positions, and as such there are more women in these Ward Committees who are making decisions, and as a result the rights of Women and People living with HIV or AIDS are core in these Committees.
- Some of the Campaigns are being done in partnership with South Africa Police Services (SAPS) and other Government Departments, e.g. Agriculture and Health, Crime Fighting Committees, including Community Policing Forums have been formed to address Gender Based Violence, including Rape and other forms of crime, where some of the Carers of Temba are members. Primrose, who is a Coordinator at Temba, is in the Regional Committee of the Community Policing Forums.
- In the Wards Temba is involved in, local Government Councillors are being involved in the Campaigns and as such people in the communities are able to communicate their needs to them as their Representatives. In Ward Committees women are represented, including those who are HIV Positive.
- Due to workshops, the more people are becoming less ignorant about HIV, the more there is less fear and people are doing Voluntary Counselling and Testing.
- People are able to get information and knowledge within workshops, which enables them to have skills on how to protect themselves. We have come to realise that although we do focus on changing behaviours as a form of Prevention, we cannot only focus on changing behaviours, since inequality itself has become a pathogenic force, at the heart of which is gender inequality and poverty. Promotion and Protection of Human Rights is the approach within all Temba outreach programmes.
- There are some people who had attended the Workshops, now have skills and are now able to do Awareness-Raising Campaigns and Workshops on their own, within their communities, and also able to refer people who are sick. Currently 10 Community Based Organisations, since 2007, who were initially trained by Temba are doing their own workshops. This is encouraging because if we have CBOs continuing with the Prevention programmes, Temba will exit these communities in the coming year, and these CBOs will continue serving these communities.
- More Orphans and Vulnerable Children are being identified and also being able to register for foster care grants with CINDI and SASSA. During this period Temba has referred 255 Orphans and those children who are vulnerable, as their parents are sick and being cared for by Carers and Shelter.
- Women and girls who are infected and affected are being afforded space where they are able to articulate their needs through Support Groups. As such there is more lobbying and advocacy which is being done by these women at grass root level.

## **5.1 THE MILLENNIUM DEVELOPMENT GOALS:**

**Temba links its Programmes according to the eight Millennium Development Goals:**

**1. Eradicate extreme poverty and hunger:**

- a) This is done through the Shelter Programme because most people who arrive at the Shelter are malnourished, and nutrition management contributes to their wellness.
- b) The Soup Kitchen also is an Outreach process, where Temba is trying to reach out to fifty (50) people who do not reside at the Shelter, twice a week, while assisting to monitor any health or physical problems they may be having
- c) The Food Garden and Nutrition Project assists to feed the sick people within the Shelter, while Temba also assists twenty homesteads/families to have Home Gardens, plant vegetables so as to feed their families.

**2. Achieve Universal Primary Education:**

- a) Temba's contribution in this programme is done by assisting sick parents (women and men) in the Care and Support Programme, including the Shelter. Their children are able to continue to go to school and not expected to look after the parents.
- b) The Kids Club has also been put in place to allow the older children to go to school, while they each morning bring their siblings, the little ones who are not in the school-going age yet, to the Kids Club, so that they could be looked after. It is envisaged that once the Library is in place, the school-going kids will use it for home works when they come back from school, while they are provided a meal.

**3. Promote Gender Equality and Empower Women:**

Temba's contribution in this programme is done through the Priority number one programme, education through Gender-sensitive Awareness-raising Campaigns and Skills Building Workshops.

The Summit which was held from the 19<sup>th</sup> to the 20<sup>th</sup> March 2009 which has led to the formation of the Temba Partnership Forum, is going to continue to work towards this goal.

**4. Reduce Child Mortality:**

Through Home Visits, Temba is able to identify and refer the sick children and their parents to clinics and hospitals. The Carers accompany and assist them to get medical help. The Orphans and Vulnerable Children identification also assists children to get Government benefits like Child Support and Foster Care Grants.

**5. Improve Maternal Health:**

Temba's contribution in this goal is included in all Temba Programmes, i.e.:

- a) Prevention – Education through Gender-sensitive Awareness-raising Campaigns and Skills Building Workshops
- b) Care, Support, Treatment and Nutrition; and Shelter Programme
- c) Mitigating the impact; Lobbying, Advocacy and Human Rights

**6. Combat HIV/AIDS, Malaria and other Diseases:**

It is clear in this report that the focus of Temba is HIV/AIDS, which is being address with all the other chronic illnesses.

**7. Ensure Environmental Sustainability:**

The Programme activities do not have a detrimental impact on the environment, and the Garden for Nutrition Programme is mainly using organic materials, manure and compost, instead of the fertilizer which has always been used through ignorance.

**8. Develop a Global Partnership for Development:**

Temba is involved in partnerships from local, to provincial, national, regional and at international level. While the Organisation is involved in local partnerships, PWRDF and AGS are the partners at international level.

**6. SPECIFIC PROBLEMS/ CHALLENGES ENCOUNTERED:**

- Immune Reconstitution Syndrome (IRS) is still a challenge for clients who are put on ARV drugs while they are very sick. , Most of these people develop IRS, which is due to the fact that they are put on drugs while they still have Opportunistic Infections which have not been evident when they commenced treatment. This often happen when their CD 4 Count is below 50 and their bodies are weak. The only way to avoid this is for Temba to do more training so that people can get tested early and be empowered before they get on ARV Treatment.
- The Health System does not have enough trained Professionals to assist with the prevention strategy, and medication is still lacking in some local clinics. Temba is lobbying the local ANC Youth League to visit the rural clinics and assist to advocate for better health facilities.
- There is no transport backup and trained Professionals to support and monitor Home Based Care.
- The other challenge is that many Community Home Based Carers have been doing volunteer work for the past seven year, and are only able to get stipends whenever it is possible. This is an area which as NGOs we want to take up at national level because we believe that the Government is supposed to pay these Carers a minimum wage. We believe that the TAC Partnership is the best instrument to address this issue with, in so much that Temba has already joined the national partnership.

- The majority of Youth that have been trained are jobless and some of them attend the workshops so that they can get some skills and be able to get jobs in the formal sector. Most of these young people have matric but are not able to have money for tertiary education. This challenge is being addressed within Temba Workshops by training them in formation of Cooperatives.
- The high mobility of people, moving from one area or Ward to the other, makes it difficult to follow up some of our clients who have been assisted and still need support. There are those who are coming back home from the big cities due to the fact that they are already very sick. There is a need to make sure that education through ward-based workshops is an on-going process.
- With regard to the Gender issue, there is still a lot of work that need to be done through Workshops, also aiming to reduce Gender Based Violence, and there is still a lot of work we have to do so as to deal with stereotypes. We have realised that HIV Prevention cannot take place unless we address the root, which is the ideology of Gender.
- The political situation and intolerance has worsened, due to the formation of many new parties, and some Councillors who are not sure of their political future are not very cooperative.
- The Food Crisis worldwide is negatively affecting communities at local level, and it is imperative to continue to put in programmes like the Home Food Garden Programme, which is going to assist the communities.

## **5. CONCLUSION:**

The Programmes started on schedule, and the funding for them was mainly from Primates World Relief and Development Fund (PWRDF), Trivitt Memorial in the Diocese of Huron-Canada and Africa Groups of Sweden (AGS). Umtata Baptist Church is still one of the most important partners who have continuously given donations.

During this period, Temba has received two Awards, a Red Ribbon Award of Excellence from O. R. Tambo District Municipality, and Charity Award from Cell C. and S.A.B.C. Radio/Mhlobo Wenene.

We also would like to recognize and thank O.R.Tambo District Municipality, Rotary Club, S.A.B.C Radio/Mhlobo Wenene, Cell C., Youth of Umtata Baptist Church and all the local partners, including churches, schools and individuals, who have given donations to support the Shelter, and without these donations, the success mentioned in this report would not have been possible.

The Temba website, [www.temba-community.org.za](http://www.temba-community.org.za), is now on and very active, and we would like to thank Shelley Hannan and his company, Garysh, for making this to happen, without being paid for the service. We also would like to thank RSAWEB who is providing free hosting for the website. As it was mentioned in the previous report, the first phase of the Temba Centre/Shelter was finished at the end of August, and the clients moved in on the 11<sup>th</sup> September 2008. Temba Board, Management, Staff and Volunteers appreciate the work which is being done by everyone who continues to donate towards the Temba programmes.

To PWRDF, Trivitt Memorial, the Diocese of Huron-Canada, Eastern Cape NGO Coalition, Premier Discretionary Fund and AGS, Temba Board, Management, Staff, Stakeholders and its beneficiaries, are grateful to you as our partners and we would like to thank all our partners and appreciate all what you are doing to enable Temba to serve its beneficiaries.

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